

Worksheet: Fulfilling the right to health

Task: Write down the human rights violations regarding the right to health that you see in the video Realising Rights Changing Lives and try to match them with one of the categories below.

Remember: governments are responsible for upholding and protecting the human rights of everyone in their respective country. The UN committee on Economic, Social and Cultural Rights stated that the Right to Health covers

“a wide range of socio-economic factors that promote conditions in which people can lead a healthy life, and extends to the underlying determinants of health, such as food and nutrition, housing, access to safe and potable water and adequate sanitation, safe and healthy working conditions, and a healthy environment”.

Available

Governments should set up necessary health facilities throughout their territory and provide water, electricity, trained personnel (receiving domestically competitive salaries), and essential drugs to serve the entire population

Accessible

Health care must be accessible to everyone without discrimination, economically affordable, physically accessible, and understandable in the patient's own language

Acceptable

Health services should be ethically and culturally appropriate, (i.e., respectful of minorities, women, the elderly, youth, etc.)

Adequate

All health facilities, goods, equipment, and services must be scientifically and medically appropriate and of good quality. Medical personnel should be adequately educated and skilled